

THE FOOD AND NUTRITION EXPERTS

right. Academy of Nutrition and Dietetics

Legislative Day – February 25, 2025 Olympia, Washington 8:15 a.m. – 12:30 p.m. (3.0 hours CPEU)

Learning Objectives:

At the conclusion of Legislative Day 2025, participants will:

- Describe the legislative process for Washington State
- List at least 3 action steps for greater legislative involvement within Washington State
- Discuss the importance of legislative advocacy (both at a state and at a national level)
- Utilize communication tools and techniques to effectively share policy priorities with legislators.

Suggested Competency Codes: 1.2.3, 3.1.6, 3.2.1, 1.5.1

Time	Agenda	Notes
8:00 - 8:30	Registration	Coffee and a light continental breakfast
a.m.	Gathering in Social Hall (lower level)	will be provided
	United Churches of Olympia	
	110 11 th Ave SE ~ Olympia, WA 98501	
8:15 - 8:30	Intro/welcome	Marissa Beck, WA State Academy
a.m.		President
8:30 - 8:45	Overview – Washington State Academy	Marissa Beck, WA State Academy
a.m.		President
8:45 – 9:00	Consumer protection – updates and info	Cathy Visser, WA State Consumer
a.m.		Protection Coordinator
9:00 - 9:15	Advocacy Overview & Highlights	Melissa Molloy, WA State Academy Past
a.m.		President
9:15 – 9:30	The state of the Legislature: bills, issues, and	Ebony White, State Regulatory Specialist
a.m.	legislative visits 101	
9:30 –	Sound Bites: Communicating Clearly and	Jamie Kowatch, WA State Reimbursement
10:00 a.m.	Memorably with Legislators	Chair
10:00 -	Break	
10:15 a.m.		
10:15 –	Communication Part 2:	Facilitated by Jamie Kowatch
10:45 a.m.	Walk the walk, talk the talk (practice/role	Ben Atkinson will assist with role play
	playing)	examples and attendee coaching
10:45 –	Advocacy: Keep it up! Successful delivery	Ben Atkinson, Public Policy Coordinator
11:15 a.m.	and follow-up	
11:15 –	Meeting our legislators, delivering our	Justine Meyer, State Policy
11:45 a.m.	messages (hints, tips, ideas, messaging)	Representative
11:45 a.m.	Wrap up Q&A	Facilitated by Melissa Molloy
– Noon	Participant assessment	
11:45 –2:30	Legislative appointments	
p.m.		